# 拱 FIRST THINGS FIRST Family Guide

## Yavapai Region

First Things First supports early childhood programs in Arizona through grants to community organizations that provide services—at no cost—for young children from birth to age 5 (before kindergarten) and their families.

The Yavapai Region includes all of Yavapai County, plus the part of the city of Sedona that lies in Coconino County. The Yavapai-Apache Nation is included in the Yavapai Region.



**GET THIS INFO ONLINE:** 

FirstThingsFirst.org / Find-Programs





### **Parenting**

There's no one right way to raise a child, and you don't have to be perfect. These programs are here to help you learn effective ways to support your child's healthy development and learning.

#### Family Support - Children with Special Needs

Get individualized support and coaching to help you identify and address developmental concerns early, respond to challenging behaviors, and support your child's physical, social and emotional development.

**Little Learners High Country Early Intervention** Sherie Gifford | (928) 776-9285 HCEIP@hceip.org



### **Quality Child Care and Preschool**

Quality early learning programs help young children learn, grow and thrive. More than 1,000 child care centers, homes and preschool programs in Arizona participate in Quality First to improve the quality of early learning for kids from birth to age 5. Many offer Quality First Scholarships to help low-income families afford quality early care and education.



Learn more and find programs near you at: FirstThingsFirst.org



## **Birth to Five Helpline**

A free service available to all Arizona families with young children, (as well as parents-to-be), who have questions about their baby, toddler or preschooler. Ask experts about your child's feeding, sleep, behavior or any other concern. The Birth to Five Helpline is here to help.



Southwest Human Development 1-877-705-KIDS (5437) birthtofivehelpline.org

#### **LEARN MORE**

For more information about how First Things First supports the healthy development and learning of young children in our community, visit us at FirstThingsFirst.org/Regions/Yavapai or call 928.776.0062.





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Space may be limited and eligibility requirements may apply. While this listing only includes programs funded by First Things First, many of them can connect you with additional services that might be right for you.

In accordance with the Americans with Disabilities Act, First Things First (FTF) will not discriminate on the basis of disability in its services, programs or activities. Qualified individuals with disabilities may request auxiliary aids and services to make information and communications accessible as well as request reasonable modifications to policies and programs so that they can participate equally in FTF's services, programs and activities. For assistance, contact FTF at (602) 771-5057. This document was last modified 07/11/2024.



